

Psalm 31:1-16

In you, O Lord, I seek refuge;
do not let me ever be put to shame;
in your righteousness deliver me.

Incline your ear to me;
rescue me speedily.

Be a rock of refuge for me,
a strong fortress to save me.

You are indeed my rock and my fortress;
for your name's sake lead me and guide me,
take me out of the net that is hidden for me,
for you are my refuge.

Into your hand I commit my spirit;
you have redeemed me, O Lord, faithful God.

You hate those who pay regard to worthless idols,
but I trust in the Lord.

I will exult and rejoice in your steadfast love,
because you have seen my affliction;
you have taken heed of my adversities,
and have not delivered me into the hand of the enemy;
you have set my feet in a broad place.

Be gracious to me, O Lord, for I am in distress;
my eye wastes away from grief,
my soul and body also.

For my life is spent with sorrow,
and my years with sighing;
my strength fails because of my misery,
and my bones waste away.

I am the scorn of all my adversaries,
a horror to my neighbours,
an object of dread to my acquaintances;
those who see me in the street flee from me.

I have passed out of mind like one who is dead;
I have become like a broken vessel.

For I hear the whispering of many—
terror all around!—
as they scheme together against me,
as they plot to take my life.

But I trust in you, O Lord;
I say, 'You are my God.'

My times are in your hand;
deliver me from the hand of my enemies and persecutors.

Let your face shine upon your servant;
save me in your steadfast love.

All Glory to the Father, and to the Son

and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Canticle in Lent

All Full of compassion and mercy and love is God, the Most High, the Almighty.

1 Lord almighty and God of our ancestors, you who made heaven and earth in all their glory:

2 All things tremble with awe at your presence, before your great and mighty power.

3 Immeasurable and unsearchable is your promised mercy, for you are God, Most High.

4 You are full of compassion, long-suffering and very merciful, and you relent at human suffering.

5 O God, according to your great goodness, you have promised forgiveness for repentance to those who have sinned against you.

6 The sins I have committed against you are more in number than the sands of the sea.

7 I am not worthy to look up to the height of heaven, because of the multitude of my iniquities.

8 And now I bend the knee of my heart before you, imploring your kindness upon me.

9 I have sinned, O God, I have sinned, and I acknowledge my transgressions.

10 Unworthy as I am, you will save me, according to your great mercy.

11 For all the host of heaven sings your praise, and your glory is for ever and ever.

Manasseh 1a, 2, 4, 6, 7a, b, 9a, c, 11, 12, 14b, 15b

All Glory to the Father, and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.

All Full of compassion and mercy and love,
is God, the Most High, the Almighty.

Collect for Mothering Sunday

**O God of love,
passionate and strong,
tender and careful:
watch over us and hold us
all the days of our life;
through Jesus Christ our Lord.
Amen**

1 Samuel 1:20 -end

In due time Hannah conceived and bore a son. She named him Samuel, for she said, 'I have asked him of the Lord.'

The man Elkanah and all his household went up to offer to the Lord the yearly sacrifice, and to pay his vow. But Hannah did not go up, for she said to her husband, 'As soon as the child is weaned, I will bring him, that he may appear in the presence of the Lord, and remain there for ever; I will offer him as a nazirite for all time.' Her husband Elkanah said to her, 'Do what seems best to you, wait until you have weaned him; only—may the Lord establish his word.' So the woman remained and nursed her son, until she weaned him. When she had weaned him, she took him up with her, along with a three-year-old bull, an ephah of flour, and a skin of wine. She brought him to the house of the Lord at Shiloh; and the child was young. Then they slaughtered the bull, and they brought the child to Eli. And she said, 'Oh, my lord! As you live, my lord, I am the woman who was standing here in your presence, praying to the Lord. For this child I prayed; and the Lord has granted me the petition that I made to him. Therefore I have lent him to the Lord; as long as he lives, he is given to the Lord.'

She left him there for the Lord.

This is the word of the Lord

Thanks be to God

Luke 2:33-

And the child's father and mother were amazed at what was being said about him. Then Simeon blessed them and said to his mother Mary, 'This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed so that the inner thoughts of many will be revealed—and a sword will pierce your own soul too.'

This is the word of the Lord

Thanks be to God